Senior Nutrition Initiatives SENIOR BOXES PROGRAM



The Commodity Supplemental Food Program (Senior Boxes)

The Commodity Supplemental Food Program (CSFP) is a USDA nutrition program that provides monthly food assistance targeted at low-income seniors. Participants either pick up their monthly CSFP food package at a local sponsor, have an authorized person pick up, or have the package delivered to their home via a participating partner agency.

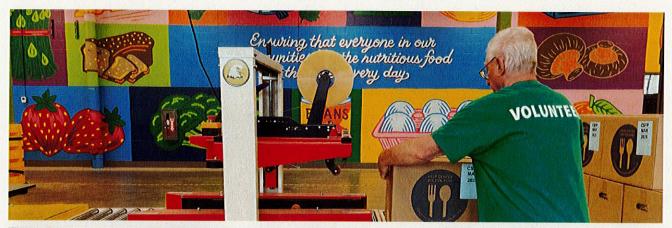
Core Components & Partnerships

- Food Distribution: We currently distribute 3,000+ boxes to 55 locations throughout Cuyahoga, Lake, Ashland, and Richland Counties. Each box weighs roughly 30 pounds and provides a variety of foods, such as nonfat dry and shelf-stable fluid milk, juice, oats, ready-to-eat cereal, rice, pasta, peanut butter, dry beans, canned meat, poultry, or fish, and canned fruits and vegetables.
- **Nutrition:** CSFP food packages do not provide a complete diet but are good sources of the nutrients typically lacking in the diets of the beneficiary population. We offer our CSFP partners an option to receive a pallet of fresh produce to be delivered alongside the boxes. The fresh produce in conjunction with shelf-stable products provides a more well-rounded variety of foods.





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Product Type: CSFP is sustained via government products. The produce sent along with CSFP is sustained via retail-donated products.

Eligible Participants: Participants must be 60 years of age or older and must reside in the county where the boxes are distributed. Eligibility is determined using the Federal Poverty Guidelines, program participants must be at or below 130% of the poverty level and will be asked to self-declare this information on the application.

Evaluation: Our goal is to review the Commodity Supplemental Food Program through self-reporting evaluation. Surveys may be distributed through various methods to understand how CSFP affects the program participant's health and spending. Survey participants may report on their overall health before and after receiving the food, how much food they are consuming/wasting, and food security before and after joining the program.

Partnership Opportunities: To learn more about Greater Cleveland Food Bank's Senior Markets and partnership, contact: Senior PartnershipManager at 216.738.7245 or email seniors A clevelandfoodbank.org.





UNIVERSITY SETTLEMENT HUNGER CENTER 5163 BROADWAY AVE 216-331-7329



COMMUNITY MEAL* EVERY TUES 6-7PM

*ENTRANCE ON BROADWAY AVE.

PANTRY*
TUES-FRI
11:30AM2PM

*ENTRANCE ON MCBRIDE AVE.







UNIVERSITY SETTLEMENT 5115 BROADWAY AVE. CLEVELAND, OH 44127 216-331-7329

FRESH PRODUCE 2025

11AM-1:30PM

January 6th
February 3rd
March 3rd
April 7th
May 5th
June 2nd

niversity

July 7th
August 4th
September 8th
October 6th
November 3rd
December 1st

DISTRIBUTIONS WILL BE OUTSIDE

RAIN OR SHINE

BRING BAGS AND CARTS